

# Bali Mountain Insight Meditation & Yoga Retreat 26 May - 1 June 2019

with Will James & Angela McGee



This unique retreat is held at Bali Mountain Retreat Centre located high on the slopes of Mt Batukaru in central Bali. The combination of Insight meditation, Yoga, Balinese culture and an idyllic environment combine to open our hearts and deepen our understanding.

**Will James** is presently the guiding teacher at the Tallowood Sangha in Bellingen on the mid north coast of N.S.W. Australia and has been leading regular retreats for over 12 years. Will has taught at the Dharma Gatherings in Australia and India and teaches Dharma Study and Mindfulness courses.

**Angela McGee** began Yoga teaching 23 years ago after training in the Sivananda tradition. This tradition included the study of Patanjali's Yoga Sutras and this gave Angela a complete map of the human life, mind and heart, and an ongoing orientation for all her Yoga teaching.

**Cost: \$900 Twin Share \$1100 Single Room;  
includes accommodation, all meals and transfers**

**More Info and application form: [www.willjamesinsight.com](http://www.willjamesinsight.com)**

